

## WARNING SIGNS OF DRUG ABUSE

### Signs in the Home

- loss of interest in family activities
- disrespect for family rules
- withdrawal from responsibilities
- verbally or physically abusive
- sudden increase or decrease in appetite
- disappearance of money or valuables
- not coming home on time
- not telling where they are going
- constant excuses for behavior
- spending a lot of time in their room
- lies about activities
- finding the following: cigarette rolling papers, pipes, roach clips, small glass vials, plastic baggies, remnants of drugs (seeds, etc.)

### Signs at School

- sudden drop in grades
- truancy
- loss of interest in learning
- sleeping in class
- poor work performance
- not doing homework
- defiant of authority
- poor attitude towards sports or other extracurricular activities
- reduced memory and attention span
- not informing you of teacher meetings, open houses, etc.
- sloppiness in appearance

### Physical and Emotional Signs

- changes friends
- smell of alcohol or marijuana on breath or body
- unexplainable mood swings and behavior
- negative, argumentative, paranoid or confused, destructive, anxious
- overreacts to criticism
- acts rebellious
- sharing few if any of their personal problems
- seems less happy
- overly tired or hyperactive
- drastic weight loss or gain
- unhappy and depressed
- cheats, steals
- always needs or has excessive amounts of money

Source: CDC

1-855-END-ADDICTION  
[teenchallengeusa.com](http://teenchallengeusa.com)

IT  
STARTS  
WITH  
ME.