

ADDICTION BASICS

These short video and matching audio clips share important introductory information about addiction issues.

Dr. Tim Walsh, MA, LP; DPA

- **Addicted to What** highlights frequently-used addictive substances
- **Signs of Addiction** presents the indicators of addicted behavior
- **Who is Addicted** reveals the types of people at risk for addiction

Dr. Tim Walsh completed his doctorate in public administration at Hamline University in 2012. He received his Master of Arts degree in counseling psychology from St. Thomas University in 1993. Tim earned a Bachelor of Arts degree with double majors in Social Sciences/Psychology and Biblical Studies from the University of Northwestern, St. Paul. He has been licensed as a psychologist since 1998. Tim has been an independent strategic and organizational consultant for 20 years and is a frequent national conference speaker and trainer. He has been an executive leader in the fields of chemical dependency, mental health, human services and corrections for over 28 years.

Thom Olson, M. Div

- **A New Way of Life** outlines a major step to overcoming addictions
- **InTOXICated** examines the dangers of alcohol abuse
- **The Question to Ask** offers help for talking to others about their use

Thom Olson completed his Master of Divinity degree from Princeton Theological Seminary in 1995. He earned a Bachelor of Science degree with a triple major in Psychology, Speech Communications, and Political Science from Liberty University in 1991. Since 2008, Thom has been an adjunct instructor in the Psychology and Criminal Justice Departments at the University of Northwestern, St. Paul. He has more than 15 years of experience working with churches, corrections, and non-profits in the areas of recovery and reentry.

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